

FOR MORE CLASS INFORMATION PLEASE VISIT

BA-STUDIOS.COM

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CLASS SCHEDULE SPRING 2026

MONDAY

9:30-10:15am	Baby Ballet Class (ages 3m-12m)
10:30-11:15am	Baby Ballet Class (ages 1-3)
12:00-1:00pm	U of A Student Dance Club (invite only)
3:30-4:30pm	Ballet I (ages 6-10)
4:30-5:30pm	Ballet II and III (ages 11-14)
5:30-6:30pm	Barre
6:45-8:00pm	Adult Ballet (Intermediate)
8:00-9:00pm	Rehearsal (invite only)

THURSDAY

8:15am-9:15am	Barre
9:30am-10:30am	Massage Roller
3:30-4:30pm	Jazz (Beginner ages 6-10)
4:30-5:30pm	Lyrical (Intermediate ages 13-17)
5:30-6:30pm	Jazz (Intermediate ages 13-17)
6:30-7:30pm	Adult Jazz (All Levels)
7:30-8:30pm	Adult Ballet (All Levels)
8:30-9:30pm	U of A Student Dance Club (invite only)

TUESDAY

3:30-4:30pm	Hip Hop (Beginner ages 6-10)
4:30-5:30pm	Hip Hop (Intermediate ages 11-17)
5:30-6:30pm	Contemporary (ages 11-17)
6:30-7:30pm	Adult Jazz (All Levels)

FRIDAY

6:00am-7:00am	YoLates (Yoga+Pilates)
8:15am-9:15am	Adult Ballet (All Levels)
9:30-10:30am	Mini Movers - Open Studio Play (ages 0m-3y)

WEDNESDAY

9:30am-10:30am	Yoga (All Levels)
10:30am-11:30am	Adult Ballet (All Levels)
12:00-1:00pm	U of A Student Dance Club (invite only)
3:30-4:30pm	Ballet I (ages 6-10)
4:30-5:30pm	Ballet II and III (ages 11-14)
5:30-6:30pm	Adult Ballet (Beginner)
6:45-8:00pm	Adult Ballet (Intermediate)
8:00-9:00pm	Rehearsal (invite only)

SATURDAY

8:15-9:15am	Mat Pilates/Yoga**
9:30-10:30am	Adult Ballet (Beginner)
10:30-11:30am	Adult Ballet (Intermediate)
11:45-12:30pm	Preschool Dance (ages 3-4)
12:30pm-1:15pm	Preschool Dance (ages 5-6)

STUDIO CLOSED ON SUNDAYS

**CLASSES ALTERNATE WEEKLY.