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### **Baby Ballet**

This class is a beautiful way for parents to bond with their infants through movement. We use gentle rocking, safe lifts, and simple, guided 'ballet' motions while listening to calming music, using small props, stimulating sensory awareness and building a foundation for musicality.

**Open to ages 0-3.**

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### **Mini Movers**

Join your little one for open studio playtime! No formal instruction is provided. Our little movers can practice basic motor skills, play on our tumbling mats, dress up, dance to fun songs, and more! Mini Movers must wear grippy socks or ballet flats when in the studio.

**Open to ages 0-3.**

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### **Preschool Dance**

Learn dance basics while getting those wiggles out! This class teaches foundational dance steps, skills and combinations with a circle warm up, ballet barre and across the floor movements, dance choreography and freestyle dancing. These little dancers perform in our large studio productions.

**Open to ages 3-6.**

## Our Classes

# INFANTS & TODDLERS

