

FOR MORE CLASS INFORMATION PLEASE VISIT

**BA-STUDIOS.COM**

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## CLASS SCHEDULE SPRING 2026

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### MONDAY

3:30-4:30pm Ballet I (ages 6-10)  
4:30-5:30pm Ballet II and III (ages 11-14)  
5:30-6:30pm Barre  
6:45-8:00pm Adult Ballet (Intermediate)  
8:00-9:00pm Rehearsal (invite only)

### TUESDAY

3:30-4:30pm Hip Hop (Beginner ages 6-10)  
4:30-5:30pm Hip Hop (Intermediate ages 11-17)  
5:30-6:30pm Contemporary (ages 11-17)  
6:30-7:30pm Adult Jazz (All Levels)

### WEDNESDAY

9:30am-10:30am Yoga (All Levels)

3:30-4:30pm Ballet I (ages 6-10)  
4:30-5:30pm Ballet II and III (ages 11-14)  
5:30-6:30pm Adult Ballet (Beginner)  
6:45-8:00pm Adult Ballet (Intermediate)  
8:00-9:00pm Rehearsal (invite only)

### THURSDAY

8:15am-9:15am Barre  
9:30am-10:30am Massage Roller  
3:30-4:30pm Jazz (Beginner ages 6-10)  
4:30-5:30pm Lyrical (Intermediate ages 13-17)  
5:30-6:30pm Jazz (Intermediate ages 13-17)  
6:30-7:30pm Adult Jazz (All Levels)  
7:30-8:30pm Adult Ballet (All Levels)

### FRIDAY

6:00am-7:00am YoLates (Yoga+Pilates)  
8:15am-9:15am Adult Ballet (All Levels)  
9:30-10:30am Mini Movers - Open Studio Play (ages 0m-3y)

3:30pm-4:30pm Jazz/Lyrical Combo (ages 10-13)  
4:30pm-5:30pm Ballet II & III (ages 11-14)

### SATURDAY

8:15-9:15am Mat Pilates/Yoga\*\*  
9:30-10:45am Adult Ballet (All Levels)  
10:45-11:30am Baby Ballet (ages 1-3)  
11:45-12:30pm Preschool Dance (ages 3-4)  
12:30pm-1:15pm Preschool Dance (ages 5-6)

STUDIO CLOSED ON SUNDAYS

\*\*CLASSES ALTERNATE WEEKLY.